



BALTIMORE COUNTY FIRE DEPARTMENT



MEDICAL AUTHORIZATION FOR HEALTH CARE PROVIDER

**BRING THIS MEDICAL AUTHORIZATION WITH YOU TO THE TEST SITE.
YOU WILL NOT BE PERMITTED TO TAKE THE PHYSICAL ABILITY TEST WITHOUT THIS AUTHORIZATION.**

APPLICANT NAME: _____ DATE OF BIRTH: _____
PLEASE PRINT

MEDICAL PROVIDER,

ATTACHED IS A DESCRIPTION OF THE PRE-EMPLOYMENT PHYSICAL ABILITY TEST FOR THE POSITION OF PROBATIONARY EMERGENCY MEDICAL TECHNICIAN AND PARAMEDIC WITH THE BALTIMORE COUNTY FIRE DEPARTMENT.

PLEASE REVIEW THESE ESSENTIAL FUNCTIONS AND, BASED ON THE APPLICANT'S HISTORY AND PHYSICAL EXAM, DETERMINE IF HE OR SHE IS IN APPROPRIATE PHYSICAL CONDITION TO BE ABLE TO SAFELY PERFORM THE PHYSICAL ABILITY TEST.

YOUR SIGNATURE BELOW WILL CERTIFY THAT YOU FIND THE ABOVE-NAMED APPLICANT, WHO IS UNDER YOUR CARE, TO BE IN APPROPRIATE PHYSICAL CONDITION TO PERFORM THE PHYSICAL ABILITY TEST.

AUTHORIZING MEDICAL PROVIDER'S SIGNATURE

DATE: _____

PLEASE PRINT:

MEDICAL PROVIDER'S NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE NUMBER: _____



BALTIMORE COUNTY FIRE DEPARTMENT
PHYSICAL ABILITY TEST FOR THE
POSITION OF PROBATIONARY EMERGENCY
MEDICAL TECHNICIAN AND PARAMEDIC



All applicants for Probationary EMT and Paramedic must complete each of the seven (7) skill stations in the Physical Ability Test (PAT). Failure to complete either an individual station in allotted time for that station, or the overall time for the course (13 minutes), will disqualify the applicant from continuing with the application process. Each station tests a different combination of job-related skills. Each applicant will be timed separately as he/she performs the test. **The overall time is a key component of the applicant's consideration in the hiring process.**

Applicants will wear a hardhat and gloves for Stations 1 and 3 through 7.

STATION 1 – LADDER CLIMB:

This station is a pass/fail station with a 1-minute time limit and not part of the overall course time.

Climb a 24-foot, pre-thrown, secured ladder one rung at a time using the hand-over-hand method. Climb all the way to the top, touch the top rail and descend back down, using the same method. Complete this task once. Station time starts when applicant touches ladder and ends when applicant clears ladder. {Direct relation – UB, LB, END, AC}

STATION 2 – CPR:

Perform two minutes of CPR with a 15 second break and continue with two additional minutes of CPR. This is a compression-only station that requires no prior training. We will be utilizing a Lifepak 15 monitor that emits a consistent audible beat to regulate the compression rate. {Direct relation UB, END}

STATIONS 3 THROUGH 7:

Applicants are required to put on a 38-pound weighted vest for stations 3 through 7. The weighted vest simulates the weight of personal protective equipment. Applicants are timed continuously from the beginning of station 3 through the end of station 7. Applicants are not permitted to run at any time. Applicants can rest as long as they complete each skill station within the time limit. The **overall maximum course time of 13 minutes**. The time taken for rest periods will be reflected in the applicant's overall time score.

STATION 3 – RESCUE DRAG

Drag a 120-pound tire by a rope attached to the tire. Drag the tire 25 feet past a line, turn around and drag tire 25 feet back, passing starting point. Complete this task once. There is a **1-minute** time limit to complete this station. Station time starts when rope is touched and ends when task is completed. {Direct relation – UB, LB, GS, CV, END}

STATION 4 – BARRIER:

Go over 42-inch barrier. There is a **30-second** time limit to complete this station. Station time starts when barrier is touched and ends when barrier is cleared. {Direct relation – UB, LB}

STATION 5 - STAIR CHAIR/STRETCHER LIFT:

Pick up a 38-pound stair chair from a designated location and proceed to the third story roof of the burn building. Place the stair chair in a designated location and lift the stretcher five times. Pick-up the stair chair and return to ground level and place it back to the original point. There is a **3-minute** time limit to complete this station. Station time starts when stair chair is touched and ends when stair chair is released at starting point. {Direct relation – UB, LB, END, GS}

STATION 6 – STAIR CLIMB/BAG CARRY:

Pick-up a 19-pound medical bag and drape over shoulder. Carry medical bag five floors to top window, call out “Medic.” After receiving acknowledgement, return to ground level and place bag at starting point. Applicants can use handrails for balance however they may not skip steps. There is a **3-minute and 30-second** time limit to complete this station. Station time starts when applicant touches medical bag and ends when building is exited and medical bag is returned to starting point. {Direct relation – LB, UB, CV, END}

STATION 7- NUTS AND BOLTS:

While seated, assemble and disassemble four sets of nuts and bolts. There is a **2-minute** time limit to complete this station. Station time starts when applicant touches nuts and bolts and ends when task is completed. **Overall course time stops at the completion of this station.** {Direct relation - DEX}

UB – Upper Body
END – Endurance
DEX – Dexterity
GS – Grip Strength

LB – Lower Body
CV – Cardiovascular
AC – Acrophobia